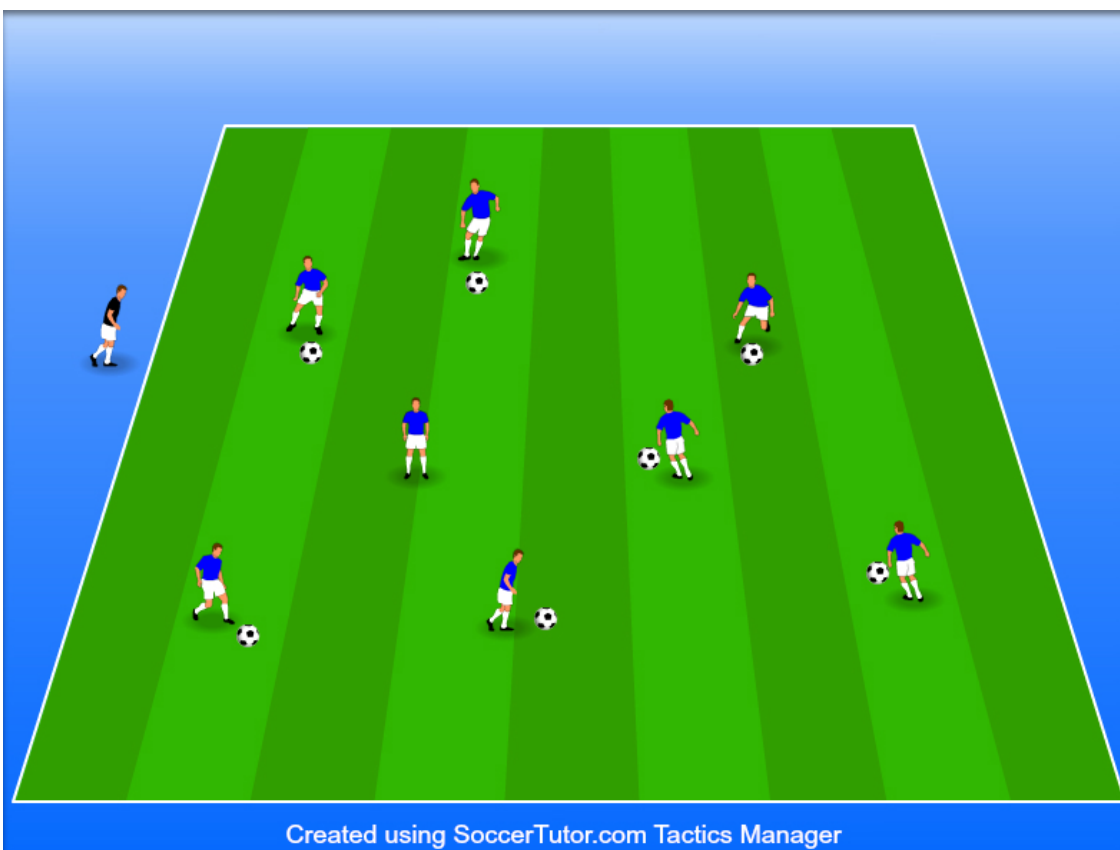




Tactics Manager

Tiger Ball



Date: 23/Aug/2016

Measurement: 20 x 20 Yards

Time: N/A:N/A

Players: 8

Duration: N/A

Level: U5 - 18+

Objective: Improve dribbling and shielding skills of the players in possession of the ball. Also the tackling and intercepting skills of the tigers.

Description: Each player has a ball except for the "Tiger". Objective of the game is for the tiger to steal a ball & return it to the coach. The player who has the ball stolen can still try & recover their ball, but if they don't they also become a tiger. The last person in the middle with a ball wins.

Coaching Points: Shielding and dribbling, attacking space and awareness of where the defenders are. Tackling and intercepting skills of defenders.

Progression: Work in pairs to retain the ball to introduce passing to keep possession as the players get older.