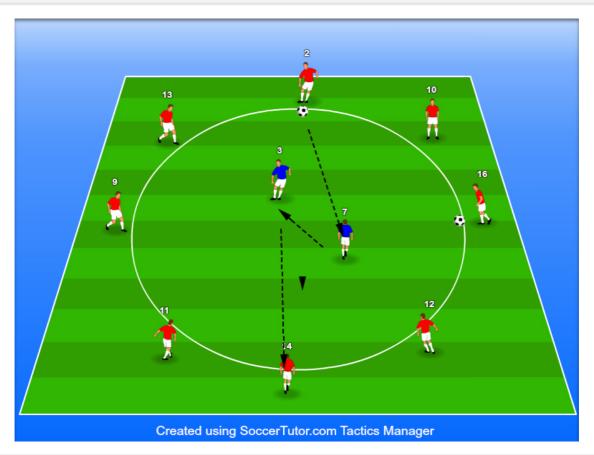




Combination circle



Date:	13/Apr/2016	Measurement:	20 x 20 Yards
Time:	N/A:N/A	Players:	6
Duration:	N/A	Level:	U5 - 18+

Objective: Improve passing and receiving skills. Movement off the ball.

Player on the outside passes the ball into the furthest away middle man, who sets the ball for his partner to pass **Description:**

the ball out to a free player. They then play with the other ball on the outside. Keep rotating the player who

receives the pass & who plays the pass out.

Coaching Points: Speed and quality of different pass types, so it's easy to control for the receiver. Quality of the movement off the

ball and timings of the runs in the middle to keep the passing smooth. Communication from middle players and

outside players to demand the ball at appropriate times.

Progression: 1 or 2 touch in the middle. Increase the size of the circle for longer passing and increased difficulty of receiving.

Add another pair of middle players so they need to be aware of the other ball/players in the middle.