



Tactics Manager

Numbers Game



Date: 8/Mar/2016

Measurement: 20 x 30 Yards

Time: N/A:N/A

Players: 10

Duration: N/A

Level: U5 - 18+

Objective: Lots of fun racing! Soccer skills, dribbling, lots of touches on the ball

Description: Pair the kids up into matching ability & physical size/speed. Give each pair a number & then put them in teams opposing each other. Coach then calls the number out and the kids have to touch the opposite goal post to them in a race, the player who touches the post 1st gets the ball, and it becomes a 1v1 to score back at the goal they just ran from. Keep team scores. Younger children can do this holding parents hands.

Coaching Points: Ensure the games go for a decent amount of time, if the ball goes off the field supply another one in so the kids get to play. It's intense so should be tiring, but make sure they get equal amounts of time to play.

Progression: As the kid start to understand the game, coach can make 2v2's 3v3's etc. Call 2 numbers with 1st number going in goal at older ages.