



# Tactics Manager

## 2v2 Defending



**Date:** 1/Sep/2016

**Measurement:** 10 x 20 Yards

**Time:** N/A:N/A

**Players:** 0

**Duration:** N/A

**Level:** U8 - 18+

**Objective:** Defend together to stop the opposition scoring goals. Take care of the ball upon winning it rather than just clearing it.

**Description:** Defend the goal in pairs. Attacking team has to run the ball through the goal under control to get a point. If the defenders steal the ball, the attack the opposite goal to get a point.

**Coaching Points:** Work together to stop the opposition scoring. Angles and distances to defend. Pressure on the ball. Jockey, tackle, block, intercept. Second defender covers the space behind and the other attacker.

**Progression:** Defend with only one defender against two attackers to test defenders. Go 3v3. 3 attackers vs 2 defenders.