



Tactics Manager

1v1 Wars



Date:	8/Mar/2016	Measurement:	Select Pitch Area
Time:	N/A:N/A	Players:	0
Duration:	N/A	Level:	U8 - 18+

Objective: Score as many goals as possible in 1 minute, and stop your opponent from scoring!

Description: Split players into 2 teams, then pair players up with an opposition player. Objective is to score in 1 of the 4 goals, whilst opposition player defends. If opposition player wins the ball, they attack & try & score in any goal. When a player scores, opposition player gets the ball & attacks. Goals can only be scored from outside red boxes. Play 1 minute games only, as it should be very intense work!

Coaching Points: Dribbling, 1v1 attacking and defending, tackling, shooting precision

Progression: Play 1v1's, 2v2's, place gk's in the red boxes to make it harder to score, play team games & keep scores.