



# Tactics Manager

## 1v1 races



**Date:** 23/Aug/2016

**Measurement:** Select Pitch Area

**Time:** N/A:N/A

**Players:** 3

**Duration:** N/A

**Level:** U5 - 18+

**Objective:** Score goals, win races, shooting, tricks, develop speed in a soccer setting.

**Description:** Coach passes the ball for two players to race to the ball, they then battle to try and score past the goalkeeper. Whoever scores gets a point for his/her team.

**Coaching Points:** Quick reactions, physical contact to win the ball without fouling, skills & tricks to beat defender, shooting in different ways, composure in front of goal.

**Progression:** When serving the ball, get players lying on their tummies, lying on their backs, closing their eyes, to develop different start positions, awareness, and fun!